

MOM My Kind of Chicken

Nutrition Facts

1 servings per container

Serving size 1 Pouch (283g)

Amount Per Serving

Calories **340**

% Daily Value*

Total Fat 11g **14%**

Saturated Fat 2g **10%**

Trans Fat 0g

Cholesterol 60mg **20%**

Sodium 550mg **24%**

Total Carbohydrate 39g **14%**

Dietary Fiber 3g **11%**

Total Sugars 2g

Includes <1g Added Sugars **2%**

Protein 21g

Vitamin D 0mcg **0%**

Calcium 40mg **2%**

Iron 1.6mg **10%**

Potassium 380mg **8%**

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.